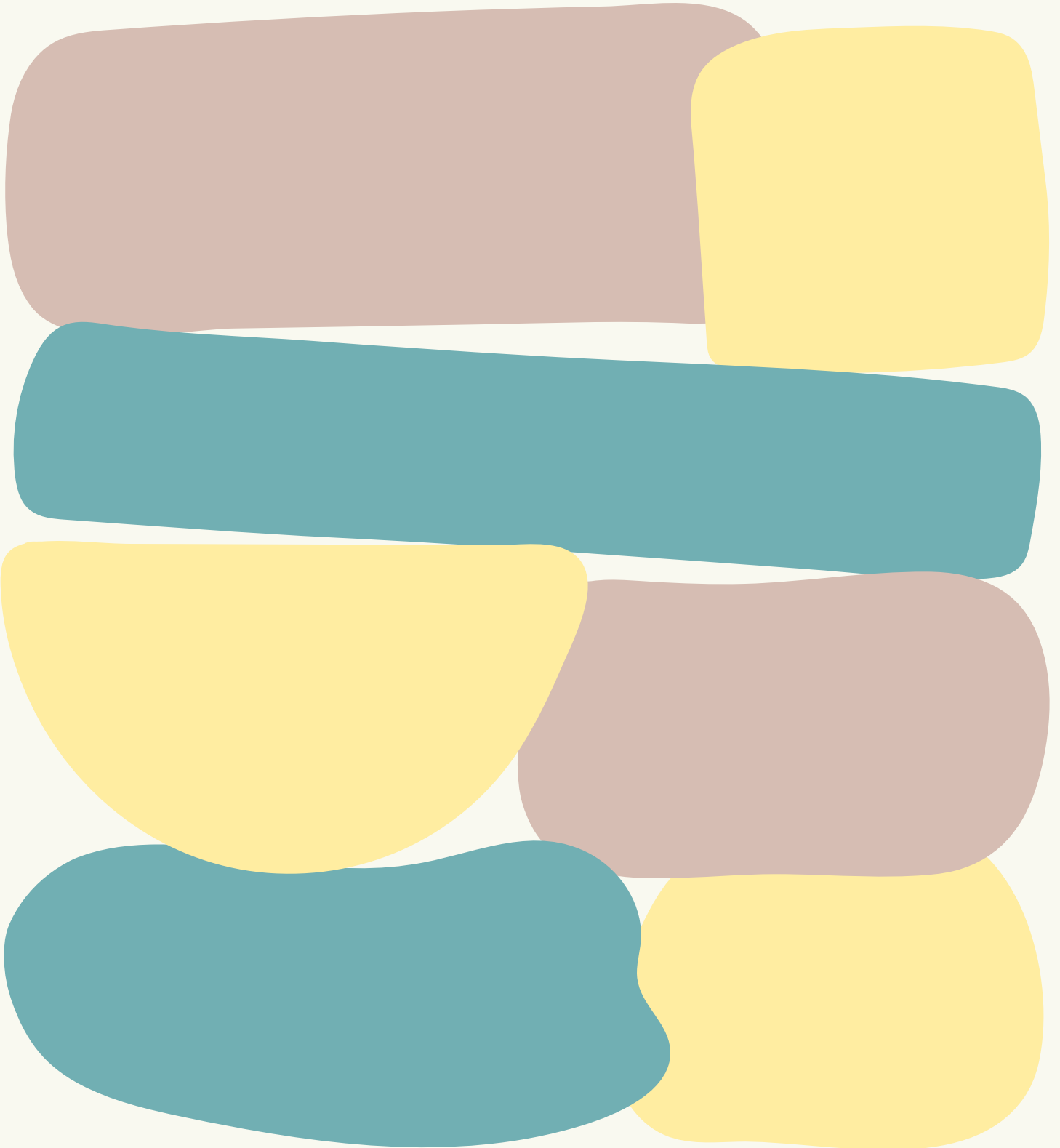


# Postures

(Ways of Seeing)



# Practices



(Ways of Doing)

